

30 Underline the correct item.

- 1 How often/never do you order a takeaway?
- 2 We are going grocery shopping in the morning/every morning.
- 3 Nathan is eating more healthily these days/sometimes.
- 4 Doctors suggest eating fruit and vegetables every day/at the moment.
- 5 I rarely/always have time to cook because I work so many hours.
- 6 Barbara is shopping at the market at the weekend/at the moment.
- 7 Janet and Kevin sometimes/at present go out to eat on Friday night.
- 8 She has breakfast at 8 o'clock every day/these days.

31 Complete the text with the *present simple* or *present continuous*.

From: Naomi@mail.com
To: rose05@server.co.uk

Hi Rose,
How **1** are (be) you? **2** (you/like) your new college? I **3** (love) mine! All the students in my class are really nice, but my best friends are Julia and Elly. We always **4** (have) lunch together and after our lessons we usually **5** (do) our homework at Julia's house because she **6** (live) next to the college. Tomorrow is Saturday and I **7** (go) ice-skating with Elly. Julia **8** (not/come) because she **9** (visit) her cousins in London. I **10** (not/go out) on Sunday mornings because I always **11** (help) Mum with the chores, but in the afternoons, I **12** (play) basketball with my college team. Practice **13** (start) at 3 o'clock and **14** (finish) at 5. I have to go now-Mum **15** (call) me. She **16** (always/ask) me to do something when I'm using the computer! **17** (you/still/come) to see me next weekend? I can't wait!
Naomi

32 Write sentences about yourself. Use the following time expressions: *on Saturdays, always, in the morning, often, at the moment, these days.*

- 1 *I go horse riding on Saturdays.*
- 2
- 3
- 4
- 5
- 6

Speaking

Look at the pictures and the prompts. In pairs, ask and answer questions, as in the example.



- waiter
- serve food
- take an order

A: *What's his job?*
B: *He's a waiter.*
A: *What does he usually do at work?*
B: *He serves food.*
A: *Is he serving food right now?*
B: *No, he's taking an order.*

- shop assistant
- help customers
- talk on the phone



- nurse
- examine patients
- wash hands

- cook
- cook food
- put the food on a plate



Writing

Write an email to your English speaking friend about your daily routine and what you are doing this weekend. Use ex. 31 as a model.