Book map

Unit	Topics	
1 What is psychology? **Listening · Speaking**	• definition of psychology • introduction to branches of psychology	
2 Branches of psychology **Reading · Writing**	• pure and applied science • process and person approaches • developmental/educational, occupational, biological, forensic	
3 Psychology in practice **Listening · Speaking**	• professional practice: occupational and clinical psychology • phobias • mental disorders	
4 Psychology and computers **Reading · Writing**	• using computers for research • using computers to develop cognitive models • computers and diagnosis of mental illness • virtual reality	
5 Dreams and personality **Listening · Speaking**	• approaches to dreams • Freud • Jung • models of consciousness and personality	
6 Vygotsky and Piaget: thought and language **Reading · Writing**	• Vygotsky • development of thought and language across cultures • Piaget • cognitive development and education	
7 Memory **Listening · Speaking**	• models of memory • input – transfer – storage • short-term and long-term memory • theories about forgetting • memory and hypnosis	
8 Mental disorders: popular myths **Reading · Writing**	• common myths about mental illness • the media and stereotypes of mental illness	
9 Personality **Listening · Speaking**	• trait theory • genetics and personality • measuring traits • leadership	
10 Modern addictions **Reading · Writing**	• Internet addiction • body image and eating disorders	
11 Parapsychology **Listening · Speaking**	• parapsychology • mind over matter • altered states of mind	
12 With the future in mind **Reading · Writing**	• virtual relationships • violence and video games • case study: cyberbullying	

Vocabulary focus	Skills focus		Unit
• words from general English with a special meaning in psychology • prefixes and suffixes	**Listening**	• preparing for a lecture • predicting lecture content from the introduction • understanding lecture organization • choosing an appropriate form of notes • making lecture notes	**1**
	Speaking	• speaking from notes	
• English–English dictionaries: headwords · definitions · parts of speech · phonemes · stress markers · countable/uncountable · transitive/intransitive	**Reading**	• using research questions to focus on relevant information in a text • using topic sentences to get an overview of the text	**2**
	Writing	• writing topic sentences • summarizing a text	
• stress patterns in multi-syllable words • prefixes	**Listening**	• preparing for a lecture • predicting lecture content • making lecture notes • using different information sources	**3**
	Speaking	• reporting research findings • formulating questions	
• computer jargon • abbreviations and acronyms • discourse and stance markers • verb and noun suffixes	**Reading**	• identifying topic development within a paragraph • using the Internet effectively • evaluating Internet search results	**4**
	Writing	• reporting research findings	
• word sets: synonyms, antonyms, etc. • the language of trends • common lecture language	**Listening**	• understanding 'signpost language' in lectures • using symbols and abbreviations in note-taking	**5**
	Speaking	• making effective contributions to a seminar	
• synonyms, replacement subjects, etc., for sentence-level paraphrasing	**Reading**	• locating key information in complex sentences	**6**
	Writing	• reporting findings from other sources: paraphrasing • writing complex sentences	
• compound nouns • fixed phrases from psychology • fixed phrases from academic English • common lecture language	**Listening**	• understanding speaker emphasis	**7**
	Speaking	• asking for clarification • responding to queries and requests for clarification	
• synonyms • nouns from verbs • definitions • common 'direction' verbs in essay titles (*discuss, analyze, evaluate*, etc.)	**Reading**	• understanding dependent clauses with passives	**8**
	Writing	• paraphrasing • expanding notes into complex sentences • recognizing different essay types/structures: descriptive · analytical · comparison/evaluation · argument • writing essay plans • writing essays	
• fixed phrases from psychology • fixed phrases from academic English	**Listening**	• using the Cornell note-taking system • recognizing digressions in lectures	**9**
	Speaking	• making effective contributions to a seminar • referring to other people's ideas in a seminar	
• neutral and marked words • fixed phrases from psychology • fixed phrases from academic English	**Reading**	• recognizing the writer's stance and level of confidence or tentativeness • inferring implicit ideas	**10**
	Writing	• writing situation–problem–solution–evaluation essays • using direct quotations • compiling a bibliography/reference list	
• words/phrases used to link ideas (*moreover, as a result,* etc.) • stress patterns in noun phrases and compounds • fixed phrases from academic English • words/phrases related to research into parapsychology	**Listening**	• recognizing the speaker's stance • writing up notes in full	**11**
	Speaking	• building an argument in a seminar • agreeing/disagreeing	
• verbs used to introduce ideas from other sources (*X contends/suggests/asserts that …*) • linking words/phrases conveying contrast (*whereas*), result (*consequently*), reasons (*due to*), etc. • words for quantities (*a significant minority*)	**Reading**	• understanding how ideas in a text are linked	**12**
	Writing	• deciding whether to use direct quotation or paraphrase • incorporating quotations • writing research reports • writing effective introductions/conclusions	